



CHILDREN'S ADMINISTRATION SOCIAL SERVICE SPECIALISTS

NEW! Wraparound with Intensive Services (WISE) for youth with serious mental and behavioral health needs

What is WISE?

WISE provides intensive mental health services and related supports to youth with complex needs and their families. The goal of the program is for eligible youth to live and thrive in their homes, schools, and communities reducing the need for out of home placement in foster care, hospitalization, or juvenile detention facilities. WISE uses an array of intensive mental health services that may be coordinated with supports from multiple systems, including Children's Administration.

For children and youth who are in the care and custody of the department, WISE uses a Child and Family Team (CFT) to develop shared goals and coordinate services within a Cross System Care Plan. The Cross System Care Plan should include goals and services identified by the youth and family in the Comprehensive Family Evaluation and Court Report to promote reunification and permanency. WISE services rely heavily on family voice and choice and offer mental health assessments, behavior management, care coordination, mobile crisis/stabilization services available 24/7, and a wide array of therapeutic supports.

WISE is being implemented statewide through June 2018. For a map of counties where WISE is available now, see the following link: www.dshs.wa.gov/dbhr/cbh-wise.shtml



A WISE screen is required for all youth who:

- Are entering or discharging from a Children's Long-Term Inpatient (CLIP) facility;
- Have requested or been referred for crisis intervention services, including involuntary commitments;
- Being referred for a Behavioral Rehabilitation Services (BRS) placement;
- Already in BRS, a screen is required every 6 months, which can coincide with the youth's quarterly report date; or
- Are transitioning out of BRS;
 - BRS contracted providers are responsible for initiating the screening referral to mental health every six months after entering or upon exiting BRS services. They will coordinate the results with the assigned social service specialist.

Youth who might benefit from WISE include those who:

- Are experiencing disruptions in placement or are having difficulty in achieving a permanency plan, due to mental health reasons. Examples of this could include:
 - At risk of out of home placement
 - Multiple in-home or out of home placement disruptions
 - Pre-Adopt/Adoptive placement disruptions
 - Return home plan is at significant risk for failure
 - Frequent Runaway/Missing from care
 - Special Education and/or have a 504 plan with multiple school suspensions
 - Multi-system involvement (i.e., CA, Juvenile Rehabilitation, Developmental Disabilities Administration (DDA), or mental health)

How to make a WISE Referral:

- Contact a WISE Screening Agency in the county where the youth resides. For a list of contacts for WISE referrals by county go to: www.dshs.wa.gov/dbhr/cbh-wise.shtml. The youth will be screened for WISE Services using the Washington Child and Adolescent Needs and Strengths (CANS) tool. This initial screen can be completed in person or over the phone.
- When the initial screening indicates WISE services may be appropriate, the youth is then referred to a WISE Provider agency where an intake evaluation will be completed to determine whether the youth meets Access to Care Standards. WISE services will begin once a youth is determined as WISE eligible.
- In the event, a youth does not meet the WISE level of care; they will be referred for other mental health services to address their needs, as appropriate.

If WISE is not yet available in your county, please contact your local Regional Support Network to see what other mental health services might be available to meet the needs of a youth.

When making a referral, you will need the following information:

- Youth's name
- Date of birth
- Placement and caregiver contact information for the youth, current caregiver, and biological family
- Prescribed psychotropic medications
- Identify that the child is involved in CA services and identify the service
- Identify if the youth is either: currently receiving BRS, considering BRS, or exiting BRS.

What is my role as a CA social service specialist in WISE?

Attend and participate in CFT meetings in order to:

- Ensure engagement and partnership with youth and family in development of the Cross System Care Plan
- Provide consultation on services available through CA and in the community
- Provide release of information to team members at the first meeting to facilitate cross-system collaboration
- Ensure alignment between decisions made at any Family Team Decision Making (FTDM) meetings and the CFT Cross System Care Plan.

Who can I contact if I have questions about WISE?

Always talk to your supervisor and area administrators. You can also contact:

BRS Coordinators

or

Doug Allison, (360) 902-7983
Intensive Resource Manager

or

Taku Mineshita, (360) 902-7928
Systems Integration Program Manager